

### Please Join Us!



## Austin Health Tracheostomy Patient and Family Forum With special welcome from the Global Tracheostomy Collaborative

# Continuing Conversations that Count: The Restorative Power of Nature

Monday 28th February 2022, 1:30 – 2:45pm (Melbourne time)

EST (USA) Sunday 27th February 9:30pm/GMT (UK) - Monday 28th February, 2:30am (event will be recorded)
Free Online ZOOM Event - Register here <a href="https://zoom.us/webinar/register/WN\_WJDKjWrgQH-nLk6fv40zyQ">https://zoom.us/webinar/register/WN\_WJDKjWrgQH-nLk6fv40zyQ</a>

**Who should attend?** Tracheostomy patients, families, carers, clinicians and others who would like to participate and learn together through Continuing Conversations that Count.

The Tracheostomy Patient and Family Forums began in 2017. Since then, a vibrant, growing tracheostomy community has regularly met to share stories, challenges, encouragement and ways to thrive while living with a tracheostomy.

#### **Guest Speakers:**

#### **Andrew Laidlaw**

Renowned Landscape Architect, Royal Botanic Gardens Melbourne, President of Global Gardens of Peace Don't miss Andrew's powerful message on the positive impact that nature and gardens can have on health and wellbeing. Andrew will also be speaking on the exciting 'Food Forest Project,' of which the late **Gerard Stevenson**, tracheostomy patient, author and businessman, initiated and was a key driving force.

**Silvia & John Cama** and **Peter & Sue Stickney -** These inspiring patients and family members will share stories on the restorative power of nature.

